



## EMPLOYEE ASSISTANCE PROGRAM

Artius Health delivers a wide range of Mental Health Services

Our friendly and experienced team of clinicians are here to help



**Artius Health's Employee Assistance Program (EAP) provides Mental Health Services for employees of all industries throughout Australia**

### Who are we?

Artius Health is one of QLD's largest private practices and has been providing quality Mental Health Services since 2005.

### What is an EAP?

Our team of qualified & caring male & female Psychologists are available to provide confidential support for both work & non-work-related issues including:

- Personal, family, relationship, financial or legal issues
- Workplace conflict, stress & bullying or skills & performance
- Returning to work after injury or illness
- Mental illness including anxiety & depression
- Eating disorders, self-esteem & confidence issues
- Grief, loss, trauma & PTSD
- Substance use relapse prevention
- Anger management & domestic abuse.

### How does it work?

The employer funds an agreed upon number of sessions for staff who wish to access this service, at no cost to staff, to promote staff wellbeing and improve the overall productivity of the business.

### What are some benefits?

- Reduced sick leave & staff turnover.
- Reduced Workers Compensation claims.
- Improved staff retention and engagement.
- Improved workplace environment.

### Our Guarantee

We will design a program to meet the specific needs of your team that is within your budget.

### For more information:

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Artius Health helps people and businesses to reach their potential

