



ARTIUS DEVELOPMENTAL ALERT CHECKLIST

When reviewing the Artius Developmental Alert Checklist if you notice that one or more milestones are not being met this could be a sign of delayed development. Artius can provide a range of services to assist with your child's delayed development.

This handout is a tool to help you determine whether a child may have developmental delays. Children aged 0-8 years who have a developmental concern may benefit from any of the following Artius services: Speech Pathology, Occupational Therapy, Physiotherapy and/or Psychology.



0-6 Months

Children should begin to smile, be attracted to bright colours and familiar faces, look into their primary caregivers eyes with interest, cry but able to be calmed when held, reach for objects and try to roll over.

6-12 Months

Children should start to bang objects on the table, wave "bye bye", use their thumb and finger to pick up objects, smile often, sit up, crawl, creep, bang items together, put objects in their mouth, feed themselves finger food, identify 3 body parts and build a block tower.

1-2 Years

By 1-2 years children are typically able to grasp a pencil in their palm, run without falling, start to undress by themselves, develop friendships, solve simple problems, show pride in accomplishments, prefer familiar people, use pretend play, complete a simple 3-4 piece puzzle, try to climb upstairs and enjoy stories and messy play.

2-3 1/2 Years

Children should like learning, participate in finger play with sing along songs, roll clay or playdough, catch a ball that is gently thrown, move to music, kick a large ball, show independence, play with sand, dirt and paint, show interest in new things, twist and untwist tops and walk up and down stairs with a rail.

3 1/2-5 Years

Children can button and unbutton a medium sized button, can name 4 basic colours, put shoes on correct feet, have a longer attention span, pump a swing, count 6 things out loud, colour in the connect the dots, make lines, circles and squares and demonstrates pretend dramatic play.

5-8 years

Laces shoes, shows a hand preference, groups objects that are the same, draws a person with 6 or more parts, prints name and simple words on paper, cut out shapes, is curious about people and the world, has cooperative play and expresses different feelings.

Sensory Issues That May Require Professional Support

- Goes from 0-100 very quickly
- Avoids eye-contact
- Upsets with lots of changes in their routine/family's day if they can't do it their way
- Has a restricted diet - only eats crunchy or mushy or a certain temperature food
- Takes a very long time to calm down
- Has difficulty with bowels and toileting
- Upset when head is tipped back
- Has poor sleep patterns
- Alarmed by noises, bath time, grooming, hairbrushing, haircuts, tooth brushing and dressing
- Avoids messy play with dirt, sand and paint



Artius Caregiver Support Checklist

Review the checklist below and check off the things you already do. Don't worry if you can't check off everything. If you need help, contact Artius for support. If you feel inspired use the list to do more with your children.

0-12 Months

- ☐ Child is getting playful, loving and kind interactions from their caregiver
- ☐ Is held and comforted when upset
- ☐ Has their needs responded to as quickly as possible
- ☐ Is safe from physical and emotional danger
- ☐ Has good nutrition
- ☐ Has adequate health care
- ☐ Has family members or friends for additional support

1-2 Years

- ☐ Support for exploring their environment safely
- ☐ Learning how to deal with their "big" emotions
- ☐ Developing some basic independence
- ☐ Increasing their gross and fine motor skills and communication
- ☐ Giving opportunities for exploration and play with other kids
- ☐ Learning how to eat more independently

2-3 1/2 Years

- ☐ Learn how to make more thoughtful choices
- ☐ Be given opportunities for dramatic and dress-up/make-believe play
- ☐ Read books

- ☐ Be lead in singing songs and fun movement and dance
- ☐ Opportunities to problem solve
- ☐ Given chance to express feelings safely and make requests.

3 1/2-5 Years

- ☐ Have play dates, spend time in nature exploring their environment
- ☐ Participate in cleaning up, help with sharing
- ☐ Being shown what cooperation looks like
- ☐ Offered prewriting activities for hand, and eye strengthening like playdough, Legos, building, pop beads, connect four and lacing activities

- ☐ Sharing about their day and interests

5-8 Years

- ☐ Taught about basic life skills like getting ready for school, cleaning room, helping set up for dinner, helping with shopping and pouring their own drink
- ☐ Helped to get better at problem solving, patience, consideration, kindness
- ☐ Participate in team work and learning strategies to work though challenges effectively
- ☐ Organising their school bags and room
- ☐ Making new friends and learning new games

Contact Us

To discuss services further or for referral please contact Artius:
email: info@artius.com.au or call: 1300 ARTIUS