



SPORTS PSYCHOLOGY

Artius Health delivers a wide range of Mental Health Services

Our friendly and experienced team of clinicians are here to help

Artius Health helps people and businesses to reach their potential

Artius Health now offers Sports Psychology

Who are we?

Artius Health is one of QLD's largest private practices and has been providing high quality Mental Health Services since 2005.

Our Endorsed Sport and Exercise Psychologist is one of only 20 Red to Blue Coaches worldwide and has extensive experience working with both aspiring & elite athletes, coaches, teams and sporting organizations.

What is Sports Psychology?

Sports Psychology can help athletes of all ability levels:

- Prepare for a return to competition
- Cope with injury or illness
- Maintain good mental health & wellbeing
- Enhance mental performance
- Perform under pressure
- Stay motivated
- Improve overall sporting performance.

Where are we?

Face-to-face appointments are available at our Gold Coast (Helensvale) clinic and Telehealth appointments are available anywhere in Australia.

Did you know?

- You don't need a referral to access our services.
- Health Care Card and Pension Card holders are **bulk-billed**.
- Medicare rebates apply with a valid Mental Health Care Plan.
- We accept NDIS, EAP, DVA, Better Access, EPC, WorkCover, Private Insurance & PHN referrals.

Referrals

Please send referrals via fax, email or Medical Objects.

Contact Us

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